

COMMUNITY LIFE: Inspiring a Dynamic Retirement

It's no secret that senior living communities can help you live a longer, healthier and happier life, doing more and generally feeling better about yourself. At SpiriTrust Lutheran™, The Village at Kelly Drive, residents take pleasure in the community's social life. At the hub of our neighborhood is Kelly Manor, a favorite gathering place for a wide array of social, recreational and educational activities. Throughout the year, we have a full social calendar of leisure programs. With so many things to do, share and learn, you'll be inspired to simply get out and embrace life. The listing below highlights a sampling of the different opportunities to spend your time your way.

FITNESS & WELLNESS

Exercise Class: four energetic classes that provide for a total body workout:

- Joint Junction
- Strong Again
- Tai Chi
- Heart Smart

Wellness Workshops: offering preventive screenings, counseling and educational seminars and wellness talks to help you maintain good health



COMMITTEE, OUTREACH & VOLUNTEER OPPORTUNITIES

Residents enjoy giving back to the community by serving on various community committees and through volunteer roles.

- Buildings and Grounds Committee
- Dining Committee
- Social and Recreation Committee
- Resident Council
- Village Store Clerk
- Community Greeters
- Marketing Hosts/Hostesses



GAMES & ENTERTAINMENT

Billiards: a lively group for a friendly or competitive game

Themed Bingo: a simple game that almost everyone knows how to play

Concerts on the Lawn: outdoor concerts showcasing local talents and bands

Movies: monthly matinee and evening showings

Wii Bowling: recreational competitions

Wii Games: Jeopardy, Wheel of Fortune, The Price is Right and Family Feud played on the Wii or the big screen

CLUBS & GROUPS

Bagels & Brew / Coffee Corner: chat with friends or get to know some of the newer faces in our community

Life-Long Learning Program: learn from local York College professors with selected monthly topics

Men's Poker Group: held at The Village at Sprenkle Drive

Sewing Group: a chance to put your skills and thimble into action helping with various projects

Craft & Art Classes: classes on ceramics, water color painting, quilter's circle and flower arranging



SPIRITUAL SERVICES

At The Village at Kelly Drive, residents enjoy a variety of opportunities to cultivate and celebrate their personal spiritual beliefs.

- Bible study groups
- Special Holy Day worship services
- Sunday worship services
- Weekly worship service lead by local clergy
- Full-time, on-site chaplain

OUTINGS & EXCURSIONS

Monthly Bus Trips: visiting historical, artistic, cultural or entertainment venues

Shopping trips: to local malls, outlets and specialty stores

Annual Founder's Day Event
York Fair Days

DINING GROUPS & SOCIALS

Breakfast Club: both men's and women's clubs that try out local eateries for breakfast

Dining Out Group: explore new eateries for lunch or dinner with a group of neighbors

Fall Tailgate Parties

Seasonal Socials: pot luck dinners, theme dinners, happy hour, ice cream socials

Summer Picnics at Rudy's Park



 **Spiritrust Lutheran™**
The Village at Kelly Drive



750 Kelly Drive ▪ York, PA 17404
Welcome Center 717-854-5010 ▪ toll-free 877-741-0248 ▪ www.SpiritrustLutheran.org